

RUGBY CROSS COUNTRY RESULTS

Class B East Region, Saturday, October 15, 11:00 a.m.

Site - Cooperstown Country Club - Cooperstown, ND

Varsity Girls (5000 Meters) 147 runners

Kristina Brossart - 12th place - 20:10 - **All-Region**

Tristin Lunde - 16th place - 20:34 - **All-Region**

Quinn Neppi - 17th place - 20:38 - **All-Region**

Taylor Nelson - 22nd place - 21:10

Karsyn Hager - 32nd place - 21:48

Ellie Duchscherer - 33rd place - 21:51

Andrea Arnold - 39th place - 22:09

Anna Clements - 43rd place - 22:32

Rylie Suchor - 44th place - 22:35

Keely Arnston - 56th place - 23:06

Braelynn Oppen - 57th place - 23:13

Dessa Denich - 110th place - 25:41

Tesha Sobolik - 121st place - 26:52

Karin Selland - 127th place - 27:21

Jenna Wangler - 128th place - 27:22

Team Results: 1. Hillsboro/Central Valley - 70, **2. Rugby - 99**, 3. Hatton/Northwood/Thompson - 117, 4. Sargent Central/Lidgerwood - 193, 5. Surrey - 217, 6. Grafton - 235, 7. Mayville-Portland-Clifford-Galesburg - 256, 8. Lisbon - 264, 9. Carrington - 278, 10. New Rockford-Sheyenne - 330, 11. Medina/Pingree-Buchanan - 369, 12. Northern Cass - 370, 13. Barnes County North - 400, 14. Griggs County Central - 407, 15. Pembina County North - 452, 16. Ellendale - 457, 17. Central Cass - 458, 18. Dunseith - 515, 19. Velva - 552, 20. LaMoure - 572, 21. Langdon Area/Munich/Edmore - 580, 22. Larimore - 580, 23. Edgeley/Kulm - 588, 24. Wells County - 638, 25. Rolla - 644, 26. Richland - 650

Individual Winner: Reagan Baesler - Hillsboro/Central Valley - 18:24

Outstanding Senior Athlete Nominees - Peyton Frolek, Sargent Central/Lidgerwood
Cailee Peterson - Mayville-Portland-Clifford-Galesburg
Mackenzie Holkesvig - Hatton/Northwood/Thompson

Coach of the Year - Kirk Zink - Hillsboro/Central Valley

Varsity Boys (5000 Meters) 184 runners

Dawson Schepp - 4th place - 17:18 - **All-Region**

Kadin Neppi - 5th place - 17:20 - **All-Region**

Brett O'Connell - 6th place - 17:31 - **All-Region**

Riley Zachmeier - 11th place - 17:42 - **All-Region**

John Mueller - 12th place - 18:02 - **All-Region**

Gabe Clements - 15th place - 18:11 - **All-Region**

Cole Wentz - 19th place - 18:19 - **All-Region**

Warren Walker - 31st place - 18:45

Jacob Blessum - 36th place - 18:52

Jacob Arnold - 45th place - 19:08

Landon Rost - 53rd place - 19:25

Kyler Odden - 89th place - 20:47

Ridley Odden - 145th place - 22:24

Malachi Dosch - 147th place - 22:26

Colin Adam - 152nd place - 22:39

Trenton Sanford - 184th place - 28:44

Team Results: **1. Rugby - 38**, 2. Hillsboro/Central Valley - 73, 3. Hatton/Northwood/Thompson - 120, 4. Lisbon - 158, 5. Pembina County North - 190, 6. Grafton - 226, 7. Edgeley/Kulm - 276, 8. Griggs County Central - 325, 9. Four Winds/Minnewaukan - 334, 10. Central Cass - 370, 11. Medina/Pingree-Buchanan - 377, 12. Carrington - 384, 13. Sargent Central/Lidgerwood - 405, 14. Langdon Area/Munich/Edmore - 411, 15. Northern Cass - 436, 16. Ellendale - 486, 17. New Rockford-Sheyenne - 603, 18. Mayville-Portland-Clifford-Galesburg - 641, 19. Larimore - 729, 20. Wells County - 750, 21. Warwick - 761, 22. Velva - 763, 23. Surrey - 767, 24. Barnes County North - 778, 25. Harvey - 811, 26. North Star - 850, 27. LaMoure - 862, 28. Dunseith - 868

Individual Winner: Isaac Huber - Edgeley/Kulm - 16:25

Outstanding Senior Athlete Nominees - **Brett O'Connell - Rugby**
Ben Mueller - Hillsboro/Central Valley
Jaylen Larock - Four Winds/Minnewaukan

Coach of the Year - **Bill Jansen - Rugby**